

Sneaker Prep

Please read this all the way through before doing anything!

Pick your main fabric for the uppers and tongues (see illustration), as well as lining fabric(s).

Once you have chosen your fabrics, print out the templates. Go to <https://chicagoschoolofshoemaking.com/product/new-sneakerkit-version/>

Scroll about $\frac{3}{4}$ of the way down to find the pattern download. Choose Classic and your size. When you print the templates, make sure the measurements on the page are accurate! Print at 100%, or Actual Size. Cut the templates out on your preferred height, and tape the two upper sides together. If you are going to fussy cut, then the templates will help you decide how much fabric you need to quilt. Think about the outside of the left foot and the outside of the right foot and what you want to show.

A fat quarter of a main, nondirectional fabric will make all four pieces (uppers and tongues but not binding or lining) *if using all the same fabric*. Otherwise $\frac{1}{4}$ - $\frac{1}{3}$ yd is enough to cut your main uppers and position how you like. Pick a lining for all. I recommend a lighter color so that you don't end up with rubbed off dye on your feet or socks. I quilted each of my pieces separately because of fussy cutting, so I needed a little more fabric. I cut my main, soft and stable, and lining about $1\frac{1}{2}$ " bigger (all the way around) than the template to allow for shrinkage in quilting.

The main fabric (for both uppers and tongues) will need to be interfaced with Shape Flex (SF101). Once interfaced, make a sandwich of main, soft and stable, and lining fabric. Quilt as desired, keeping in mind that somewhat "tighter" quilting will give more structure to the pieces (this is good!). I quilted mine with straight lines about 1" apart. I went both ways, at a 30 degree angle. You could also quilt to highlight certain aspects of your fabric. Just like a quilt, you can do whatever you want!

******At this point you can stop, or you can cut the fabric.

After quilting, use the templates to cut the pieces out. Pay close attention to Left and Right!! Be sure to clearly mark on the lining side of all pieces which is which. You can cut them in class if you'd like.

In class we will mark and punch holes for sewing and eyelets. After punching, you can dot the holes with fray check if you'd like.

We will also sew on the binding. **The bias binding is cut at 1 ¾"**. If cutting from a fat quarter, you should need about 5-6 pieces. This can also be cut in class.

As long as you come to class with quilted fabric, you will be fine. Make them as fun and unique as you'd like! I've used canvas for a pair, and quilting cotton for the others.

